



BERNARDS TOWNSHIP HEALTH DEPARTMENT

262 South Finley Avenue, Basking Ridge, New Jersey 07920
(908) 204-2520. Fax (908) 204-3075. www.bernardshealth.org

Contact: Lucy Forgione, Health Officer/Health Director
health@bernards.org

2019 Novel Coronavirus (COVID-2019) Update #18 – April 24, 2020

New Jersey COVID-19 Resources

- <https://covid19.nj.gov/> - Visit this webpage to get information on all things COVID-19 in New Jersey.
- **COVID-19 New Jersey Dashboard + Positive Test Result** available [here](#).
- **Somerset County NJ COVID-19 Status Dashboard** available [here](#).
- **Morris County NJ COVID-19 Status Dashboard** available [here](#).
- **Phone/Text Lines:**
 - 2-1-1 for General COVID-19 questions (7am – 11 pm)
 - 1-800-962-1253 for Clinical Questions (24/7)
 - Text NJCOVID to 898-211 to receive alerts
 - Text your zip code to 898-211 for live text assistance

Food Pantries

Communities have mobilized to help those in need. Find a food bank near you by searching [Somerset County](#), [Morris County](#), and our [Local Resources for Residents](#).

Safe Grocery Shopping Practices

When you go to the store:

- Stay 6 feet away from other shoppers.
- Don't shake hands or hug.
- Wipe down baskets and carts with disinfectant wipes
- Wear a cloth face mask.
- While waiting and after leaving the store, use hand sanitizer.
- If you're sick, don't go shopping

When you get home:

- Wipe surfaces with disinfectant.
- Wash your hands after unpacking groceries.

When you eat:

- Wash your hands before eating
- Do not share plates or silverware with others.
- Rinse fruits and vegetables before eating.

If you're 65 or older:

- Ask a neighbor or friend to pick up groceries.
- Check to see if there are hours reserved for older shoppers at your local market.
- See if your grocer delivers and shop online.

CATHOLIC CHARITIES
Diocese of Metuchen

Children's Mobile Response and Stabilization Services

COVID-19 Update

- 1** We are still available for in-home dispatches if your child is experiencing a behavioral or mental health crisis.
- 2** For your safety and convenience, phone or video dispatches are also available for crisis de-escalation.
- 3** Call PerformCare at 877-652-7624

During this difficult time, youth may be struggling with depression and anxiety. Children's Mobile Response in Hunterdon, Somerset and Warren counties are continuing to dispatch and can offer remote dispatches as needed for safety concerns.

MRSS offers 8 weeks of stabilization services to youth 3-21. They link families to informal and formal supports such as community resources and in-home clinicians. Open to support families and case manage for 8 weeks. Dispatches within an hour or up to 24 hours at family's request. All families are welcome to call as all services are covered under the Children's System of Care.

What is the difference between cleaning and disinfecting?

- **Cleaning** is the removing of visible foreign matter from a surface.
- **Disinfecting** is killing the bacteria and viruses on a surface. It is possible to be clean but not disinfected, and similarly disinfected but not clean.

Updated 4/24/2020

The Bernards Township Health Department is the contractual health agency serving Bernards Township, Bernardsville Borough, Chester Borough, Long Hill Township, Mendham Borough, and Peapack and Gladstone Borough. For update links and more information, visit: <http://www.bernardshealth.org>



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2019 Novel Coronavirus (COVID-2019) Resources and Links

The 2019 Novel Coronavirus (COVID-2019) is a rapidly evolving situation. Members of the public are urged to keep up to date by visiting trusted public health resources.

Testing Updates- As of 4/24/20 –

- For the most up to date information on NJ Testing Sites [click here](#).
 - **Somerset County** – Joint testing site with Hunterdon County at Raritan Valley Community College. 118 Lamington Road, Branchburg, NJ 08876. Drive thru testing by appointment only with valid doctor's prescription. Open April 27th, April 29th and May 1st from 10 am – 1pm. Subject to change. Check status of test site at <http://www.co.somerset.nj.us/covid19status>. Residents of Somerset or Hunterdon County can make an appointment at <https://somerset-hunterdon.adlabscovidtest.com>.
 - **Morris County** – Drive Through. Located at Morris County Community College. 214 Center Grove Rd, Randolph, NJ 0789. For patients with a doctor's prescription.
- Most doctor's offices, urgent cares and hospitals are testing symptomatic patients. **If you are feeling unwell, call ahead to your healthcare provider. DO NOT just show up to an office, urgent care or ER.**
- For more information or testing - [visit the CDC website](#).

Serum Antibody Testing Facilities

- Individuals who have recovered or are recovering from COVID-19 could help other patients with COVID-19 through serum antibody testing. To find out more, click [here](#).
- [Red Cross – Plasma Donations from Recovered COVID-19 Patients](#)

Bernards Township COVID-19 Resources

- [Somerset Hills YMCA Food Security Project](#)
- [Bernards Township Senior Help Line](#)
- [COVID-19 Guidelines for Landscapers](#)
- **Mind Your Health** – Mental Health Considerations for [General Population](#), [Teachers/Parents/Caretakers of Children, Elderly or those in Isolation](#), [Healthcare Workers](#), and [Youth](#)
- [Social Distancing](#)
- [Mental Health Resources during COVID-19](#)
- [Local Resources for Residents](#) (email health@bernards.org to add a resource)

Other Resources:

- [World Health Organization \(WHO\)](#)
- [Centers for Disease Control](#)
- [New Jersey Department of Health](#)
- [Somerset County Department of Health](#)
- [Morris County Office of Health Management](#)
- [New Jersey Office of Emergency Management](#)

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