



BERNARDS TOWNSHIP HEALTH DEPARTMENT

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2019 Novel Coronavirus (COVID-2019) Weekly Update #24 – May 15, 2020

Mental Health Spotlight: New Jersey Hopeline

CALL US 1-855-NJ-HOPELINE (654-6735)
NEW JERSEY HOPELINE

From time to time when life becomes stressful, we all need someone to talk to. The specialists at the NJ Hopeline are always available to provide confidential telephone counseling, support and referrals to local resources to help you get through these difficult times.

In addition to being able to reach an NJ Hopeline specialist by phone, they also offer web-based support services as well. Live Chat enables you to communicate one-on-one with a specialist who understands what you are going through and is there to help you cope.

To learn more about the NJ Hopeline visit:
<http://www.njhopeline.com/>

As we reopen and begin to enjoy our outdoor areas, do your part to keep grounds and restrooms clean!

Somerset County **The Mask Squad**



In response to the COVID-19 pandemic and the shortage of N95 masks and other PPE, a group of NJ neighbors began sewing homemade surgical masks out of their homes. They recruit dedicated individuals to help sew, distribute masks, field new requests, spread the word, and solicit funding and materials. Learn more at:
<https://themasksquad.com/>

Drive In, Drive By? Safe Celebrations

As we begin to enter the season of celebrations including graduation, it is important to stay safe during this joyous time. Car gatherings do not violate the Governor's ban on gatherings under Executive Order No. 107. Examples of such car gatherings include but are not limited to drive-in movies, religious services, or drive-through farms or safaris. Car gatherings will be subject to the restrictions in the Order, which include but are not limited to the following:

- Attendees must remain in their same car throughout the gathering, unless 1) an occupant needs to get out of the vehicle for their health or safety or 2) an occupant needs to use the restroom;
- The vehicle must remain closed at all times unless 1) there is six feet of distance between other vehicles or individuals or 2) an officer, public official or guard requires the vehicle to open. There is a further exception allowing the opening of the vehicle if necessary for health or safety;
- Individuals organizing the gathering who are not in vehicles must follow social distancing and wear cloth face coverings; and
- To the degree that a gathering requires pre-payment, or seeks donations of any kind, contactless options for pre-payment or donation, such as online or by telephone, must be offered wherever feasible.

What's Opening?

EXECUTIVE ORDER 142 <ul style="list-style-type: none">✓ NON-ESSENTIAL CONSTRUCTION IS ALLOWED TO RESTART EFFECTIVE 6:00 AM MONDAY, MAY 18th✓ NON-ESSENTIAL RETAIL STORES ARE ALLOWED TO REOPEN FOR CURBSIDE PICKUP EFFECTIVE MONDAY, MAY 18th✓ DRIVE-THRU AND DRIVE-IN EVENTS ARE PERMITTED IMMEDIATELY UNDER SOCIAL DISTANCING GUIDELINES	COVID-19 UPDATE <p>EFFECTIVE MAY 22, 2020, AT ALL PUBLIC AND PRIVATE BEACHES:</p> <ul style="list-style-type: none">• Capacity and admission limitations• Six feet demarcations in certain areas• Public outreach campaign on social distancing restrictions• No special events• Sanitization requirements• Playgrounds, rides, arcades, games, water fountains, picnic areas, and water play equipment remain closed
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As New Jersey begins reopening it is important to keep track of Governor Murphy's executive orders. To look through current and past executive orders from COVID-19 please [click here](#).

Updated 5/15/2020

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2019 Novel Coronavirus (COVID-2019) Resources and Link

New Jersey COVID-19 Resources

- <https://covid19.nj.gov/> - Visit this webpage to get information on all things COVID-19 in New Jersey.
- COVID-19 New Jersey Dashboard + Positive Test Results available [here](#). Now including trends, hospital census, long term care facilities, psychiatric hospitals and demographics. Updated daily.
- Somerset County NJ COVID-19 Status Dashboard available [here](#).
- Morris County NJ COVID-19 Status Dashboard available [here](#).
- Phone/Text Lines:
 - 2-1-1 for General COVID-19 questions (7am-11 pm)
 - 1-800-962-1253 for Clinical Questions (24/7)
 - Text NJCOVID to 898-211 to receive alerts
 - Text your zip code to 898-211 for live text assistance

Testing Updates – As of 5/15/20 –

- **NJ Testing Sites – [click here](#)** for the most up to date information including new locations and testing criteria.
 - **Somerset County** – Joint testing site with Hunterdon County at Raritan Valley Community College, 118 Lamington Road, Branchburg, NJ 08876. Drive thru testing by appointment only with valid doctor's prescription. Open May 19th, 21st and 28th from 10 am-1pm. Subject to change. Check status of test site at <http://www.co.somerset.nj.us/covid19status>. Residents of Somerset or Hunterdon County can make an appointment at <https://somerset-hunterdon.adlabscovidtest.com/>.
 - **Morris County** – Drive Through. Located at Morris County Community College, 214 Center Grove Road, Randolph, NJ 07869. Visit <https://health.morriscountynj.gov/COVIDTesting>.
- Most doctor's offices, urgent cares and hospitals are testing symptomatic patients. If you are feeling unwell, call ahead to your healthcare provider. **DO NOT** just show up to an office, urgent care or ER.
- For more information on testing - [visit the CDC website on testing](#).

Serum Antibody Testing Facilities and Convalescent Plasma

- Individuals who have recovered from COVID-19 could help other patients with COVID-19 through serum antibody testing. Most doctors and urgent cares are testing but may be using different tests. Please call ahead to your location for more information. For more information on serum antibody testing please visit the [CDC website](#) or [NJDOH website](#).

Bernards Township COVID-19 Resources

- [Bernards Township Senior Help Line](#)
- [COVID-19 Guidelines for Landscapers](#)
- [Mental Health Resources during COVID-19](#)
- **Mind Your Health** – Mental Health Considerations for [General Population](#), [Teachers/Parents/Caretakers of Children, Elderly or those in Isolation](#), [Healthcare Workers](#) and [Youth](#)
- [Social Distancing](#)
- [Local Resources for Residents](#) (email health@bernards.org to add a resource)

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