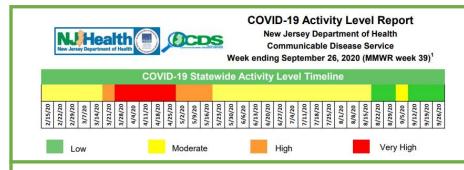**BERNARDS TOWNSHIP HEALTH DEPARTMENT**

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2019 Novel Coronavirus (COVID-2019)
Weekly Update #45 – October 6, 2020

COVID-19 Exposure at Presidential Fundraiser

The NJDOH and Somerset County Department of Health have received information from the management of Trump National Golf Course in Bedminster, NJ and the White House.

The White House supplied to New Jersey officials the names of at least 206 individuals who attended the events with the President in Bedminster. The New Jersey Department of Health has reached out to these individuals to make them aware of possible exposure and recommend that they self-monitor for symptoms and quarantine if they were in close contact with the President and his staff.

The Somerset County Health Department are interviewing staff members of the club and assessing the level of contact they had with the President and his staff and providing public health recommendations accordingly. Most staff reside in Somerset County. The contact tracing process is ongoing.

Attendees that are seeking a test should consider waiting at least **5-7 days** from the event. While the risk is low, a negative test earlier than that time cannot definitively rule out that COVID-19 will not develop. Those who are concerned that they were in close contact should quarantine for 14 days.

If you attended the event, please contact your local health dept to alert them so they can help advise you on the public health precautions you should take.

Virtual Mental Health Training - DHHS

With the stress and uncertainty in the world right now, there are still many online programs and trainings for mental health needs. Click **this link** to learn more about upcoming trainings from the New Jersey Department of Human Services.

Why Can't I Test Out of Quarantine?

Click **here to learn** from this NJDOH Infographic!

COVID Alert NJ App

COVID Alert NJ is the state's free and secure mobile app that anonymously alerts users if they have been in close contact with someone who tested positive for COVID-19.

The app also provides users with up-to-date information on New Jersey reopening news, key COVID-19 metrics, and a user-friendly symptom tracking tool. COVID Alert NJ uses Bluetooth proximity technology. The app will never record any identifying data. All users will remain anonymous.

How it Works:

1. **Download COVID Alert NJ** on the App Store or **Google Play Store.** Opt-in to receive "**Exposure Notifications**"
2. As you go about your day, the app will use Bluetooth to sense any **"close contacts"**—other app users who are within 6 feet of you for more than 10 minutes
3. When your app senses a close contact, your phone will **exchange a secure random code** with the close contact's phone. **It's important to note that your location and name are never disclosed**
4. If you test **positive for COVID-19,** a public health representative will call you and ask if you're willing to **anonymously notify your "close contacts"** by uploading your app's close contact codes
5. Each day, the app will compare your list of close contact codes to the list of codes associated with positive COVID-19 app users. **If there's a match you will get an Exposure Alert**, along with appropriate next step.

To learn more about COVID Alert NJ, visit the **app's website.**

2019 Novel Coronavirus (COVID-2019)
Resources and Links

COVID-19 Activity Level Report
New Jersey Department of Health
Communicable Disease Service
Week ending September 26, 2020 (MMWR week 39)[1]

COVID-19 Weekly Activity Reports
- Provides data on COVID-19 transmission by six regions in NJ.
- Updated every Thursday.
- Used to determine school exclusion and other re-openings.
- Click **here** to view this week's report ending Sept 26, 2020.

New Jersey COVID-19 Resources
- **https://covid19.nj.gov/** - Visit this webpage to get information on all things COVID-19 in New Jersey.
- COVID-19 New Jersey Dashboard + Positive Test Results available **here**. Now including trends, hospital census, long term care facilities, psychiatric hospitals, demographics, contact tracing and school info. Updated daily.
- Somerset County NJ COVID-19 Status Dashboard available **here**.
- Morris County NJ COVID-19 Status Dashboard available **here**.
- Phone/Text Lines:
    - 2-1-1 for General COVID-19 questions (7am-11 pm)
    - 1-800-962-1253 for Clinical Questions (24/7)
    - Text NJCOVID to 898-211 to receive alerts
    - Text your zip code to 898-211 for live text assistance

Testing Updates – As of 10/6/20:
- **NJ Testing Sites** – **click here** for the most up to date information including new locations and testing criteria. The FEMA Testing Sites at Bergen County Community College and PNC Arts Center have closed.
    - **Somerset County** – Joint testing site with Hunterdon County at Raritan Valley Community College, 118 Lamington Road, Branchburg, NJ 08876. Drive thru testing by appointment only. Open Thursday, October 8th 10 am-1pm. Subject to change. Check status of test site at **http://www.co.somerset.nj.us/covid19status**. Residents of Somerset County ONLY can make an appointment at **https://somerset-hunterdon.adlabscovidtest.com/**.
- Most doctor's offices, urgent cares and hospitals are testing symptomatic patients. If you are feeling unwell, call ahead to your healthcare provider. **DO NOT** just show up to an office, urgent care or ER.
- For more information on testing - **visit the CDC website on testing**.

Bernards Township COVID-19 Resources
- **Mental Health Resources during COVID-19**
- **Mind Your Health** – Mental Health Considerations for **General Population, Teachers/Parents/Caretakers of Children, Elderly or those in Isolation, Healthcare Workers** and **Youth**
- **Morris County COVID-19 Testing Sites**
- **Somerset County COVID-19 Testing Sites**