



BERNARDS TOWNSHIP HEALTH DEPARTMENT

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2019 Novel Coronavirus (COVID-2019) Weekly Update #4 – February 24, 2020

NEW COVID-2019 Updates

- As of February 11, 2020 the World Health Organization has announced the official name for the disease causing the coronavirus disease as COVID-2019.
- The amount of United States cases stands at 15 cases with several still under investigation.
- There has been 1 US death occurring outside of the US.
- There have not been any confirmed cases in New Jersey.
- For current numbers, please visit <https://www.cdc.gov/coronavirus/2019-ncov/cases-in-us.html>.

COVID-2019 At a Glance:

- COVID-2019 is not currently spreading in the United States.
- The CDC recommends everyday preventative actions to help prevent the spread of respiratory viruses: Wash your hands with soap and water for at least 20 seconds, stay home when you are sick, cover your cough or sneeze with a tissue, and avoid close contact with people who are sick.
- Unless you have traveled to the affected areas in the world, there is little concern for exposure to 2019-nCoV.
- For information on proper hand hygiene, please visit <https://www.cdc.gov/healthywater/hygiene/hand/handwashing.html>.

What are Coronaviruses?

- Coronaviruses are a large family of viruses. There are several known coronaviruses that infect people, and these usually only cause mild respiratory diseases, such as the common cold.
- Two previously identified coronaviruses have caused severe disease – severe acute respiratory syndrome (SARS) and the Middle East respiratory syndrome (MERS).
- Symptoms of the 2019-nCoV include **fever, cough, and difficulty breathing**.
- There are currently no proven treatments or vaccines for this respiratory disease, so it is important to contact your doctor if you have traveled and are experiencing any of these symptoms.
- For more information on coronaviruses, please visit <https://www.cdc.gov/coronavirus/index.html> and <https://www.nj.gov/health/cd/topics/ncov.shtml>.
- To get 24/7 information on 2019-nCoV, call the New Jersey Department of Health Hotline at 1-800-222-1222.

The Bernards Township Health Department is the contractual health agency serving Bernards Township, Bernardsville Borough, Chester Borough, Long Hill Township, Mendham Borough, and Peapack and Gladstone Borough. For update links and more information, visit: <http://www.bernardshealth.org>.