



BERNARDS TOWNSHIP HEALTH DEPARTMENT

262 South Finley Avenue, Basking Ridge, New Jersey 07920
(908) 204-3070. Fax (908) 204-3075. www.bernardshealth.org

Contact: Lucy Forgione, Health Officer/Health Director
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2019 Novel Coronavirus (COVID-2019) Weekly Update #79 – June 3, 2021

Bernards Township COVID-19 Testing

See below information for upcoming COVID-19 Testing on **June 10, 2021**.
Bernards Township Community Center
289 South Maple Ave
Basking Ridge, NJ
Appointments begin at 9am



[Register Here!](#)
[View flyer \(English\)](#)
[View flyer \(Spanish\)](#)

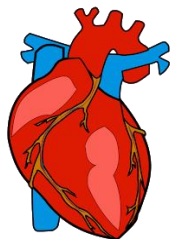
Resources on Myocarditis and Pericarditis Following COVID-19 Vaccination

Since April 2021, cases of myocarditis and pericarditis have been reported in the United States after mRNA COVID-19 vaccination (Pfizer-BioNTech and Moderna). CDC is aware of these reports, which are rare given the number of vaccine doses administered.

CDC published Clinical Considerations for myocarditis and pericarditis following COVID-19 vaccination. Additionally, resources for the public have been added to CDC's website that can be a resource for patients. [CDC Clinical Considerations](#) and [Resources for the Public](#)

CDC and its partners are actively monitoring these reports, by reviewing data and medical records, to learn more about what happened and to see if there is any relationship to the COVID-19 vaccination. CDC continues to recommend COVID-19 vaccination for everyone 12 years of age and older, given the greater risk of COVID-19 illness and related, possibly severe complications.

The CDC asks for everyone to continue to report all adverse events, including myocarditis and pericarditis, to VAERS: <https://vaers.hhs.gov/>. Learn more about [myocarditis](#) and [pericarditis](#).



Tracking COVID-19 Variants

The World Health Organization has been working with partners around the world since January 2020 to identify the SARS-CoV-2 virus and the evolution of its variants. During late 2020, emergent of variants that posed an increased risk to global public health prompted the naming of specific variants of interest (VOI) and variants of concern (VOC). See the [WHO website](#) for more and the chart below for more details.

WHO Label	Former Name	Origin Country	First Identified
Alpha	B.1.1.7	UK	Dec 18, 2020
Beta	B.1.551	South African	Dec 18, 2020
Gamma	P.1	Brazil	Jan 11, 2021
Delta	B.1.617.2	India	Apr/May 2021

COVID FAQ Corner

Q: I see all these restrictions being lifted and the quarantine time is being shortened. Does this mean that incubation time of COVID-19 has changed?

A: No, the incubation time for COVID-19 has not changed. Case counts and transmission for COVID-19 has dropped nationwide so the CDC and NJDOH have allowed for [quarantine time](#) to be shortened in some scenarios. 14 days is still the recommended time for quarantining after exposure to COVID-19.

Q: I missed my appointment for my second dose of Moderna (or Pfizer). Do I need to start my vaccine process over again?

A: No. The recommendation is to get your second dose as soon as possible after your missed appointment. Contact [a vaccine site directly](#) and let them know you need to make an appointment for your second vaccine, and they will do their best to schedule you as soon as possible.

Q: I had an appointment to get a COVID-19 vaccine, but I tested positive. My friend told me I had to wait 90 days to get my vaccine now. Is that true?

A: No. Many people wait the 90 days because of the natural antibodies that come with becoming ill with COVID-19. You can get your COVID-19 vaccine as soon as you feel well and are out of your 10-day isolation period at home.

Updated 6/3/2021

The Bernards Township Health Department is the contractual health agency serving Bernards Township, Bernardsville Borough, Chester Borough, Long Hill Township, Mendham Borough, and Peapack and Gladstone Borough. For update links and more information, visit: <http://www.bernardshealth.org>



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2019 Novel Coronavirus (COVID-2019) Resources and Links

COVID-19 Case Graphs per Municipality – Case counts come directly from raw data imported from Commcare by the Bernards Township Health Department.

Somerset County

- [Bernards Township](#)
- [Bernardsville Borough](#)
- [Peapack and Gladstone Boroughs](#)

Morris County

- [Chester Borough](#)
- [Long Hill Township](#)
- [Mendham Borough](#)

COVID-19 Weekly Activity Reports

- Provides data on COVID-19 transmission by six regions in NJ.
- Updated every Thursday.
- Used to determine school exclusion and other re-openings.
- This week NJ is overall **MODERATE**. Central West (Somerset) is **Moderate** and Northwest (Morris) is **Moderate**.
- Click [here](#) to view this week's report ending May 29th.
- Click [here](#) to view past week's reports.

NJ COVID-19 Vaccine Resources

- **Pre-Register for the Vaccine through NJVSS (NJ Vaccine Scheduling System)** – <https://covidvaccine.nj.gov/>
- <https://covid19.nj.gov/pages/vaccine>
- https://www.nj.gov/health/cd/topics/covid2019_vaccination.shtml
- [CDC COVID-19 Vaccine FAQ](#)

New Jersey COVID-19 Resources

- <https://covid19.nj.gov/> - Visit this webpage to get information on all things COVID-19 in New Jersey.
- COVID-19 New Jersey Dashboard [here](#). Includes vaccination overview, hospital census, case and mortality summaries, school data, contact tracing data, long-term care information, veteran's memorial homes, state psychiatric hospitals and Cases by Municipality Data (Municipalities with populations over 20K)
- Somerset County NJ COVID-19 Status Dashboard available [here](#).
- Morris County NJ COVID-19 Status Dashboard available [here](#).
- Phone/Text Lines:
 - 2-1-1 for General COVID-19 questions (7am-11 pm)
 - 1-800-962-1253 for Medical Questions (24/7)
 - Text NJCOVID to 898-211 to receive alerts
 - Download COVID Alert NJ app [here](#)
- **NJ COVID-19 Vaccine Phone Lines:**
 - State of NJ Hotline – (855) 568-0545 – Schedule a vaccine appt. Staffed with live agents from 8am-8pm daily.
 - Somerset County Hotline – (908) 231-7155 – Get answers to your questions about COVID-19 Testing and Vaccinations. M-F 8:30am-8:00pm, Sat 10:00am-4:00pm.
 - Morris County COVID-19 Hotline – (973) 829-8250 – Staffed 7 days a week during business hours.

Testing Updates – Click [here](#) for more information on free testing across New Jersey

- **NJ Testing Sites** – [click here](#) for the most up to date information including new locations and testing criteria.
 - **Morris County** – [Click here for Morris County Testing Locations.](#)
 - **Somerset County** – [Click here for Somerset County Testing Locations.](#)

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