

BERNARDS TOWNSHIP HEALTH DEPARTMENT

262 South Finley Avenue, Basking Ridge, New Jersey 07920 (908) 204-3070. Fax (908) 204-3075. www.bernardshealth.org

> **Contact:** Lucy Forgione, Health Officer/Health Director health@bernards.org

2019 Novel Coronavirus (COVID-2019) Update #82 – July 1, 2021

Bernards Township COVID-19 Testing

See below information and sign up for upcoming COVID-19 Testing dates:

Julv 8th

Walk-ins Welcome!



Bernards Township Community Center 289 South Maple Ave Basking Ridge, NJ

Appointments begin at 9am, last appointment at 4pm.

July 8th - English Flyer **Spanish Flyer**

Stay Safe This Summer!

In the past few months, the COVID-19 vaccines have become more readily available, and restrictions have been

eased across the state. Masks are no longer required in most areas for vaccinated individuals (but still required here). It is important to remember the progress we have made together and to not go backwards. As the weather heats up and summer kicks into full gear:

- Continue to use good hand hygiene. Wash your hands often with soap and water for at least 20 seconds. Carry a hand sanitizer of at least 60% alcohol for when you cannot wash your hands.

- Opt for outdoor activities when possible. When you are outside, fresh air is constantly moving and you are less likely to breath in others' respiratory droplets.

- Continue to follow state and federal guidance regarding COVID-19. Check ahead when traveling domestically and internationally.

- Check out this list of safe outdoor activities from the Mayo Clinic. It includes ideas for unvaccinated individuals including children under the age of 12.

BTHD COVID-19 Vaccine Clinics – Every Wednesday in July

Wednesdays- July 7, 14, 21, & 28 - from 3-5pm **@ BT Community Center** 289 S. Maple Ave., Basking Ridge NJ 07920

Make your appointment at www.signupgenius.com/go/BTHDJJ Need help? Call the BTHD Vaccine Line at 908-204-2522

Walk-ins welcome. No ID or insurance needed. Click the photo to view full flyer or register directly here. J&J vaccine, 18+ ONLY

NJ and the COVID-19 Variants – What's Happening?

The Delta variant (B.1.617.2 – India) has been in the news a lot recently as one of the most highly transmissible mutations of the COVID-19 virus. Viruses constantly change and mutate, and new variants of a virus are expected to occur over time.

The NJDOH Public Health and Environmental Lab is doing sequencing for all variants. The lab continues to increase testing capacity and is also working with public and private partners to increase testing for variants. Additionally, the NJDOH participates in CDC's surveillance program where specimens from NJ residents are randomly selected and sent to CDC for sequencing.

Sequencing is done in collaboration with local, state, and federal health partners on outbreaks with an atypical transmission pattern, cases with international travel to areas where variants are prevalent (Brazil, South Africa) and random samples of COVID-19 positive cases from northern, central, and southern NJ.

NJ health officials pay attention to any changes that may increase transmissibility, increase severity, or show resistance to treatments, antibodies, or vaccines, which is why the Department of Health is working to identify and track variants. When variant cases are confirmed, public health officials investigate.

The CDC tracks multiple variants circulating in the US and provides an estimate of how common they are in the nation and at a regional level. To view current data on variants in our region (NJ, NY, PR, VI) follow this link and look up "Region 2". Currently the Delta variant makes up about 10.6% of cases in Region 2. On page 2 of this update, you can find other links to the CDC and NJDOH on variant monitoring.

Updated 7/1/2021

The Bernards Township Health Department is the contractual health agency serving Bernards Township, Bernardsville Borough, Chester Borough, Long Hill Township, Mendham Borough, and Peapack and Gladstone Borough. For update links and more information, visit: http://www.bernardshealth.org





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2019 Novel Coronavirus (COVID-2019) Resources and Links

<u>COVID-19 Case Graphs per Municipality</u> – Case counts come directly from raw data imported from COMM care by the Bernards Township Health Department.	
Somerset County <u>Bernards Township</u> <u>Bernardsville Borough</u> <u>Peapack and Gladstone Boroughs</u> 	Morris County <u>Chester Borough</u> <u>Long Hill Township</u> <u>Mendham Borough</u>
 <u>COVID-19 Weekly Activity Reports</u> Provides data on COVID-19 transmission by six regions in NJ. Updated every Thursday. Used to determine school exclusion and other re-openings. This week NJ is overall MODERATE. Central West (Somerset) is Low and Northwest (Morris) is Moderate. Click here to view this week's report ending June 26th. Click here to view past week's reports. 	NJ COVID-19 Vaccine Resources • https://covidvaccine.nj.gov/ • https://covid19.nj.gov/pages/vaccine • CDC COVID-19 Vaccine FAQ
	COVID-19 Variant Information•CDC Variant Classifications & Definitions•NJDOH COVID-19 Variant FAQs
 <u>New Jersey COVID-19 Resources</u> <u>https://covid19.nj.gov/</u> - Visit this webpage to get information on all things COVID-19 in New Jersey. COVID-19 New Jersey Dashboard <u>here</u>. Includes vaccination overview, hospital census, case and mortality summaries, school data, contact tracing data, long-term care information, veteran's memorial homes, state 	

psychiatric hospitals and Cases by Municipality Data (Municipalities with populations over 20K)

- Somerset County NJ COVID-19 Status Dashboard available <u>here</u>.
 Morris County NJ COVID-19 Status Dashboard available <u>here</u>.
- Phone/Text Lines:
 - 2-1-1 for General COVID-19 questions (7am-11 pm)
 - 1-800-962-1253 for Medical Questions (24/7)
 - Text NJCOVID to 898-211 to receive alerts.
 - Download COVID Alert NJ app <u>here</u>
- NJ COVID-19 Vaccine Phone Lines:
 - State of NJ Hotline (855) 568-0545 Schedule a vaccine appt. Staffed with live agents from 8am-8pm daily.
 - Somerset County Hotline (908) 231-7155 Get answers to your questions about COVID-19 Testing and Vaccinations. M-F 8:30am-8:00pm, Sat 10:00am-4:00pm.
 - Morris County COVID-19 Hotline (973) 829-8250 Staffed 7 days a week during business hours.

Testing Updates – Click <u>here</u> for more information on free testing across New Jersey

- **NJ Testing Sites** <u>click here</u> for the most up to date information including new locations and testing criteria.
 - Morris County <u>Click here for Morris County Testing Locations</u>.
 - Somerset County <u>Click here for Somerset County Testing Locations.</u>

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