

IS FOOD FRIEND OR FOE?

Fighting Metabolic Syndrome

Eating Behaviors That Cause Weight Gain

Debra Freschl, RDN

Nutrition Coordinator

Metabolic Medicine, Weight & Wellness Center

Morristown Medical Center

WED., MARCH 16TH

7:00 TO 8:30 P.M.

Place: *Bernards Township Municipal Bldg.
One Collyer Lane
Basking Ridge, NJ 07920*

To Register: 908-204-2520

